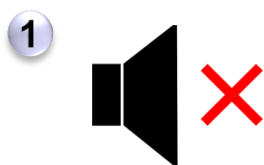


Voice: disorders and warning signs



Voice disorders

2



Warning signs

Discover the differences between **euphonious**, **dysphonic** and **aphonic voices**

ADEQUATE VOICE

IMPAIRED VOICE



The phonation process results in **normal or euphonious vocal emission**.



✗ Dysphonia

Hello!

✗ Aphonia

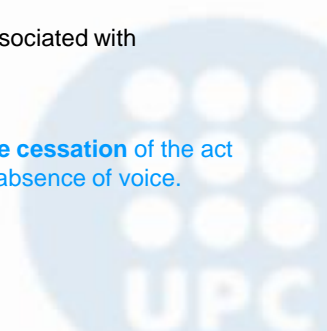


Dysphonia is a **disorder that involves changes** in the basic acoustic qualities of the voice that affects communication and the carrying out of everyday activities.

Types of dysphonia:

- **Functional types:** changes in the quality of the voice in which the function is affected, i.e., there is no identifiable injury.
- **Organic types:** disorders of the larynx or any organ that modifies the characteristics of the voice.
- **Mixed types:** injuries associated with persistent vocal misuse.

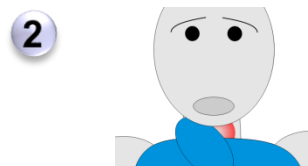
Aphonia is the **complete cessation** of the act of phonation and a total absence of voice.



Voice: disorders and warning signs



Voice disorders



Warning signs

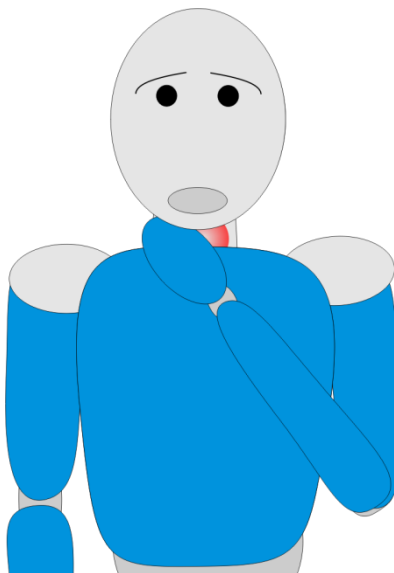
If there are **warning signs** (such as itching, pain or a burning sensation) ask for a "**medical appointment for health reasons**".

WARNING SIGNS IN THE VOICE

The voice's **warning signs** allow us to foresee the possibility that **voice-related disorders (dysphonia or aphonia)** may develop in the short or long term.

Regardless of the cause, **dysphonia** can give the following **warning signs**:

- **Rasping** voice.
- **Hoarse** or **broken** voice.
- **Lack of control** over loudness or tone of voice.
- Sensation of a **foreign body** or tingling in the throat.
- Need to clear throat (**cough**).
- Sensation of having to **force the voice** or make a special effort to speak.
- **Sharp pain** in the front or side of the neck.



If you suffer from these symptoms, ask for a "**medical appointment for health reasons**" at any of the UPC's VIP centres.

Ask for the appointment using the **application for requesting a medical appointment**.

<https://www.upc.edu/prevencio/ca/salutupc/vigilancia-salut>